

DAFTAR PUSTAKA

- Adegoke, T. G. (2014). *Effects of Occupational Stress on Psychological Well-being of Police Employees in Ibadan Metropolis,Nigeria. Multidisciplinary Journal, Volume 8 No. 1.*
- Anggraeni & Jannah. (2014). Hubungan Antara *Psychological Well-Being* Dan Kepribadian *Hardiness* Dengan Stres Pada Petugas Port Security. Volume 03 Nomor 2.
- Arikunto. (2007). Prosedur Penelitian Suatu Pendekatan Praktik. Jakarta: Rineka Cipta
- Azwar, S. (2015). Penyusunan Skala Psikologi Edisi 2. Yogyakarta: Pustaka Belajar.
- Azwar, S. (2012). Penyusunan Skala Psikologi. Yogyakarta: Pustaka Belajar.
- Casey, L. (2012). *Stress and wellbeing in Australia in 2012: A state of-the-nation survey*. Melbourne: Australian Psychological Society.
- Emosi, K., Kerja, S., & Kinerja, D. A. N. (n.d.). Kecerdasan emosi, stres kerja dan kinerja karyawan. 91–96.
- Fitriani, A. (2016). Peran Religiusitas Dalam Meningkatkan *Psychological Well-Being* Annisa Fitriani (1).
- Harsono, H., Damayanti, M., & Setiawati, E. P. (2017). Stres Kerja pada Perawat di Rumah Sakit dan Fasilitas Pelayanan Kesehatan *Primer Job Stress in Nurses in Hospitals and Primary Health Care Facilities.* 12–17.
<https://doi.org/10.23886/ejki.5.7444.12-7>

Hasanah, L., Rahayuwati, L., & Yudianto, K. (2016). Sumber Stres Kerja Perawat di Rumah Sakit.

Huppert, F. A. (2009). *Psychological Well-being: Evidence Regarding its causes and consequences. Applied Psychology : Health And Well-being*. Volume (2), 137–164.

Istiqomah, S.(n.d.). Hubungan Antara Mindfulness Dan *Psychological Well- Being* Pada Mahasiswa Baru yang tinggal di pondok. 8(nomor 4), 127–132.

Karimah, S. A., & Nrh, F. (2016). Perbedaan *Psychological Well-Being* Remaja di tinjau dari persepsi pola asuh orang tua. 5(April), 291–295.

Kurnia, N. P. (2015). The Impact of Stress at Work on Employee's Psychological Well Being in Jakarta. iBusManagement Vol. 3, No. 2.

Massie, R. N., & Areros, W. A. (2018). Pengaruh Stres Kerja Terhadap Kinerja Karyawan Pada Kantor Pengelola It Center Manado. 6(2), 41–49.

Munandar, S.A. 2001. Psikologi Industri dan Organisasi. Jakarta : UI –Press.

Revalicha, N. S. (2013). Perbedaan Stres Kerja Ditinjau dari Shift Kerja pada Perawat di RSUD Dr . Soetomo Surabaya. 2(01), 16–24.

Robbins, Stephen P. (2006).Perilaku Organisasi.Edisi kesepuluh.Jakarta: PT Indeks Kelompok Gramedia.

Ryff,C.D.(1989). *Happiness is Everything, or is it? Exploration on The Meaning of Psychological Well-Being*. *Journal of Personality and Social Psychological*,57, 1060-1081

- Ryff,C.D.(1989). *Beyond Ponce Deleon and Life Satisfaction: New Directions In Quest of Successful Ageing.* *Interactional Journal of Behavioral Development*, 12 (1) 35-55.
- Ryff,C.D.(1995). *Psychological Well-Being in Adult Life. Current Directions In Psychological Science*, Vol 4:99-104
- Ryff, C.D.,Keyes, C. L. M.(1995). *The Structure of Psychologycal Well-Being Revisited.* Vol. 69, No. 4, 719-727
- Ryff,C.D.,Singer,B. (1996). *Psychological Well Being:Meaning,Measurement, and Implication for Psychotherapy Research.* *Psychotherapy, Psychosomatic.Spesial Article.65.*
- Ryff,C.D.,Keyes, C. L. M., Shmotkin,D. (2002). *Optimizing WellBeing: The Empirical Encounter of Two Traditions.* Vol. 82, No.6,1007-1022.
- Sugiyono. (2011). Metode Penelitian Kuantitatif dan R&D. Alfabeta: Bandung Singer, B. (2015). *Psychological Weil-Being: Meaning , Measurement , and Implicationsfor Psychotherapy Researche* (September).<https://doi.org/10.1159/000289026>.
- Studi, P., Universitas, P., & Mulia, B. (2020). *Psychological Capital dan Stres Kerja Pada Karyawan DI PT . MN Psychological Capital and Work Stress of Employees in PT MN.* 13(1), 9–19.<https://doi.org/10.30813/psibernetika.v13i1.2313>.
- Wanita, P., Bekerja, Y., Wahyudi, K. Y., & Hadi, C. (2014). Jurnal Psikologi Industri dan Organisasi Hubungan Antara *Work-family Conflict* Dengan Stres Kerja.
- Winefield, H. R., Gill, T. K., Taylor, A. W., & Pilkington, R. M. (2012). *Psychological well-being and psychological distress : is it necessary to measure both ?* 1–14.
- Yunus, M (2011). *Stress and Psychological Well Being of Governmen Officer in Malaisya.* *The Journal of Human Resource and Adult Learning* Vol. 7, No. 2