

DAFTAR PUSTAKA

- [1] M. H. Kryger, W. C. Dement, and T. Roth, "Principles and practice of sleep medicine," *Principles and Practice of Sleep Medicine*, 5th Edition. [Online]. Available: <https://books.google.co.id/books?id=yDVVEAAAQBAJ>
- [2] M. P. Walker, *Why We Sleep Unlocking the Power of Sleep*. Penguin Books, 2021.
- [3] WHO, "World Health Statistics," 2023. [Online]. Available: <https://www.who.int/publications/i/item/9789240074323>
- [4] R. Ravichandran, L. Gupta, M. Singh, A. Nag, J. Thomas, and B. K. Panjiyar, "The Interplay Between Sleep Disorders and Cardiovascular Diseases: A Systematic Review," *Cureus*, vol. 15, no. 9, 2023, doi: 10.7759/cureus.45898.
- [5] P. K. Yadav, U. K. Singh, J. A. J. Kovilpiaali, and R. Tamilarasi, "Sleep Disorder Detection using Machine Learning Method," *2nd Int. Conf. Autom. Comput. Renew. Syst. ICACRS 2023 - Proc.*, no. December, pp. 1530–1532, 2023, doi: 10.1109/ICACRS58579.2023.10404662.
- [6] M. Mostafa Monowar *et al.*, "Advanced sleep disorder detection using multi-layered ensemble learning and advanced data balancing techniques," *Front. Artif. Intell.*, vol. 7, 2024, doi: 10.3389/frai.2024.1506770.
- [7] R. Alazaidah, G. Samara, M. Aljaidi, M. H. Qasem, A. Alsarhan, and M. Alshammari, "Potential of Machine Learning for Predicting Sleep Disorders: A Comprehensive Analysis of Regression and Classification Models," *Diagnostics*, vol. 14, no. 1, p. 27, 2024, doi: 10.3390/diagnostics14010027.
- [8] H. Han and J. Oh, "Application of various machine learning techniques to predict obstructive sleep apnea syndrome severity," *Sci. Rep.*, pp. 1–9, 2023, doi: 10.1038/s41598-023-33170-7.
- [9] R. Guido, S. Ferrisi, and D. Lofaro, "An Overview on the Advancements of Support Vector Machine Models in Healthcare Applications : A Review," 2024.
- [10] K. Liu, S. Geng, P. Shen, L. Zhao, P. Zhou, and W. Liu, "Development and application of a machine learning-based predictive model for obstructive sleep apnea screening," *Front. Big Data*, vol. 7, 2024, doi: 10.3389/fdata.2024.1353469.
- [11] N. Nuraeni and M. Faisal, "Classification of sleep disorders using support vector machine," vol. 4, no. 1, 2025.
- [12] M. A. C. Candrakasih, D. Krisbiantoro, and R. Waluyo, "Perbandingan Random Forest Dan Support Vector Machine Untuk Klasifikasi Sleep

- Apnea,” *Technol. J. Ilm.*, vol. 16, no. 2, pp. 337–344, Apr. 2025, doi: 10.31602/tji.v16i2.18555.
- [13] N. Khasanah, D. Uki, E. Saputri, F. Aziz, and T. Hidayat, “Studi Perbandingan Algoritma Random Forest dan K-Nearest Neighbors (KNN) dalam Klasifikasi Gangguan Tidur,” vol. 5, no. 1, pp. 17–25, 2025.
- [14] D. Sari, “Prediksi Gangguan Tidur pada Sleep Health and Lifestyle Menggunakan Support Vector Machine dan Neural Network,” *Jav. J. Vokasi Inform.*, pp. 36–42, 2024, doi: 10.24036/javit.v4i1.168.
- [15] M. Fadhiel Alie and R. Rahmanda, “Model Prediksi Gangguan Tidur berdasarkan Beberapa Faktor menggunakan Machine Learning Prediction of Sleep Disorders based on Several Factors using Machine Learning,” *J. Comput. Eng. Syst. Sci. e-ISSN*, vol. 9, no. 2, pp. 2502–7131, 2024, [Online]. Available: www.jurnal.unimed.ac.id
- [16] M. Maulidah and N. Hidayati, “Prediksi Kesehatan Tidur Dan Gaya Hidup Menggunakan Machine Learning,” *CONTENT Comput. Netw. Technol.*, vol. 4, no. 1, pp. 81–86, 2024, [Online]. Available: <http://jurnal.bsi.ac.id/index.php/conten>
- [17] A. Meadows and E. Suni, “Common Sleep Disorders,” *Natl. Sleep Found.*, 2021, [Online]. Available: <https://www.sleepfoundation.org>
- [18] L. A. Tyas, I. M. Tirta, and Y. S. Dewi, “Penerapan Model Least Square Support Vector Machine (Lssvm) Untuk Peramalan Kasus Covid-19 Di Indonesia,” *J. Gaussian*, vol. 12, no. 2, pp. 304–313, 2023, doi: 10.14710/j.gauss.12.2.304-313.
- [19] N. Singhal and Himanshu, “A Review on Knowledge Discovery from Databases,” *Lect. Notes Electr. Eng.*, vol. 860, no. January, pp. 457–464, 2022, doi: 10.1007/978-981-16-9488-2_43.
- [20] Rayhan Abu and Gross David, “The Rise of Python: A Survey of Recent Research,” *Researchgate*, no. September, 2023, doi: 10.13140/RG.2.2.27388.92809.
- [21] P. Mooney, “2022 Kaggle Machine Learning & Data Science Survey,” *Kaggle*, 2022, [Online]. Available: <https://www.kaggle.com/c/kaggle-survey-2022>
- [22] Haana Udtari Anjani, Vitriani Vitriani, and Mulya Hastuti, “Pemanfaatan Media Google Colaboratory Pada Mata Pelajaran Informatika di SMA Negeri 5 Pekanbaru,” *SOKO GURU J. Ilmu Pendidik.*, vol. 4, no. 1, pp. 101–108, 2024, doi: 10.55606/sokoguru.v4i1.3613.