

DAFTAR PUSTAKA

- Andhini, L. R., Pramitya, A. I., & Astaningtias, N. I. (2018). Hubungan Antara Dukungan Sosial dengan *Psychological Program Studi Psikologi Institut Ilmu Kesehatan Medika Persada Bali*.
- Antonucci, T. C., Ajrouch, K. J., & Birditt, K. S. (2014). The Convoy Model: Explaining Social Relations From A Multidisciplinary Perspective. *The Gerontologist*.
- Anwarsyah, W. I., Radikun, T. B., & Salendu, A. (2012). Hubungan Antara Job demands Dengan Workplace Well-Being Pada Pekerja Shift. *Jurnal Psikologi Pitutur*, 32-44.
- Archana, U. K., & Singh, R. (2014). Resilience and Spirituality as Predictors of Psychological Well-being among University Students. *Journal of Psychosocial Research*, 227-235.
- Azani. (2012). Gambaran Psychological Wellbeing Mantan Narapidana. *Empathy*, 1-18.
- Azwar. (2019). *Metode Penelitian Psikologi*. Yogyakarta: Pustaka Pelajar.
- Baron, R. A., & Byrne, D. (2005). *Psikologi Sosial*. Edisi Kesepuluh: Jilid 2. Jakarta: Erlangga.
- Bart, S. (1994). *Psikologi Kesehatan*. Jakarta: Gramedia Widiasarna Indonesia.
- Boehm, J. K., Chen, Y., Williams, D. R., Ryff, C., & Kubzansky, L. D. (2015). Unequally Distributed Psychological Assets : Are There Social Disparities in Optimism , Life Satisfaction , and Positive Affect ? <https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0118066>, (hal. 1–16).
- Briner, R. B. (2000). Relationships between Work Environments, Psychological Environments and Psychological Well-Being. *Occupational Medicine*, 299-303.
- Caltabiano, M. L., & Sarafino, E. P. (2002). *Health psychology: biopsychosocial interactions*. An Australian perspective: John Wiley & Sons.

- Carr, A. (2011). *Positive Psychology: The Science of Happiness and Human Strengths*. New York: Routledge.
- Chaplin, J. P. (2009). *Kamus Lengkap Psikologi*. Jakarta: Raja Grafindo Persada.
- Cooper, C., & Robertson, I. (2011). *Well-being : Productivity and Happiness at Work*. England: Palgrave Macmillan.
- Cotton, P., & Hart, M. P. (2021). Organisational Health. *Australian Psychologist*, 18-27.
- Darmayanti, A., & Budarsa, G. (2021). Peran Ganda Perempuan Bali Di Masa Pandemi Covid-19. *Jurnal Socius: Journal of Sociology Research and Education*, 1-12.
- Empati, J., Kartika, P., Sari , P., & Indrawati , E. S. (2016). Hubungan antara dukungan sosial teman sebaya dengan resiliensi akademik pada mahasiswa tingkat akhir jurusan x fakultas teknik universitas diponegoro, (5 Apr)il. 177-182.
- Frankel, J. R., & Norman, E. W. (1993). *How to design and Evaluate Research in Education. 2nd edition*. New York: McGraw hill Inc.
- Gavin, B., Hayden, J., Adamis, D., & McNicholas, F. (2020). Caring for the psychological well-being of healthcare professionals in the COVID-19 pandemic crisis . *Irish Medical Journal* , 113(4), 5-7.
- Hardjo, S., & Novita , E. (2017). Hubungan Dukungan Sosial dengan Psychological Well-Being pada Remaja Korban Sexual Abuse. *Program Studi Magister, Program Pascasarjana*, 2085-6601.
- Huppert, F. A. (2009). Psychological Well-being: Evidence Regarding its Causes and Consequences. *Applied Psychology : Health and Well-Being*, 137-164.
- Juangta, M. E. (2021). Pengalaman pada Pegawai yang Mengalami Pemotongan Gaji DI Masa Pandemi Covid-19. *Jurnal Ekonomi dan Bisnis Vol 8 No 2*, 343-352.
- Keyes, C. L. (2007). *Promoting and protecting mental health as flourishing: a complementary strategy for improving national mental health*. Atlanta: American Psychologist.

- Keyes, C. L., Hysom, S. J., & Lupo, K. L. (2000). The Positive Organization: Leadership Legitimacy, Employee Well-Being, and the Bottom Line. *The Psychologist-Manager Journal*, 143-153.
- Keyes, C. M., Shmotkin, D., & Ryff, C. D. (2002). Optimizing Well-Being : The Empirical Encounter of Two Traditions. <https://doi.apa.org/doiLanding?doi=10.1037/0022-3514.82.6.1007>, (hal. 82(6), 1007–1022.).
- Kwong, A. S. (2020). *Mental Health during the COVID-19 Pandemic in 2 Longitudinal UK Population Cohorts*.
- Lee, C., Tsenkova, V. K., Boylan, J. M., & Ryff, C. D. (2018). Gender Differences in the Pathways from Childhood Disadvantage to Metabolic Syndrome in Adulthood: An Examination of Health Lifestyles. *SSM-Population Health*, 216-224.
- Liputan6. (2020). *Mayoritas Merugi, Hanya 0,1 Persen Perusahaan yang Untung Besar Selama Pandemi*. <https://www.liputan6.com/bisnis/read/4417402/mayoritas-merugi-hanya-01-persen-perusahaan-yang-untung-besar-selama-pandemi>.
- Lubis, N. L. (2009). *Depresi: tinjauan psikologis*. Jakarta: Kencana.
- Millatina, A., & Yanuvianti, M. (2019). Hubungan antara Dukungan Sosial dengan Psychological Well-Being pada Wanita Manopause (di RS Harapan Bunda Bandung). *Prosiding Psikologi*, 2460-6448.
- Muslim, M. (2020). Manajemen Strss pada masa pandemi covid-19. *Jurnal Manajemen Bisnis*, 192-201.
- Myers, D. G. (2012). *Psikologi sosial*. Jakarta: Salemba Humanika.
- Ngadi, M. S. (2020, May 19). Survei Dampak Darurat Virus Corona Terhadap Tenaga Kerja Indonesia. *Lembaga Ilmu Pengetahuan Indonesia*. <http://lipi.go.id/siaranpress/survei-dampak-darurat-virus-corona-terhadap-tenaga-kerja-indonesia/22030>.

- Nopiando, B. (2012). Hubungan Antara Job Insecurity Dengan Kesejahteraan Psikologis Pada Karyawan Outsourcing. *Journal of Social and Industrial Psychology*, 1-6.
- Nugroho, A. Y. (2020). Hubungan Antara Dukungan Sosial Keluarga dengan Psychologycal Well-Being. *Jurnal Basicedu*, Halaman 36-43.
- Nurkholis. (2020). Dampak Pandemi Novel-Corona Virus Disiase (Covid-19) Terhadap Psikologi Dan Pendidikan Serta Kebijakan Pemerintah. *PGSD*, 39-49.
- Periantalo. (2020). *Penelitian Kuantitatif Untuk Psikologi*. Yogyakarta: Pustaka Pelajar.
- Periantalo. (2020). *Penelitian Kuantitatif Untuk Psikologi*. Yogyakarta: Pustaka Pelajar.
- Perkbox. (2020). *Workplace WellBeing Report*.
- Pranita, E. (2020). *Diumumkan Awal Maret, Ahli: Virus Corona Masuk Indonesia dari Januari*. <https://www.kompas.com/sains/read/2020/05/11/130600623/diumumkan-awal-maret-ahli--virus-corona-masuk-indonesia-dari-januari?page=all>.
- Rahama, K., & Izzati, A. U. (2021). Hubungan Antara Dukungan Sosial dengan Psychological Well-Being Karyawan. *Jurnal Penelitian Psikologi*, 94-106.
- Rasulzada, F. (2007, May 8). Organizational Creativity and Psychological Well-Being. *Doctoral Thesis*, hal. 1-126.
- Ratih, L. P., & Novianti, N. M. (2018). Hubungan Antara Dukungan Sosial Dengan Psychological Well-Being (Kesejahteraan Psikologis) Pada Pengungsi Gunung Agung Karangasem-Bali. *Journal of Chemical Information and Modeling*, 75-90.
- Ryff, & Singer. (July). *Know Theyself and Become What You Are : Aeudaimonic Approach to Psychological Well - Being KNOW THEYSELF AND BECOME WHAT YOU ARE*. 12-39: <https://doi.org/10.1007/s10902-006-9019-0>.

- Ryff, C. D. (1989). Happiness is everything, or is it? Explorations on the meaning of psychological well-being . *journal of personality and social psychology*, 57(6), 1069-1081.
- Ryff, C. D. (2010). Psychological Well-Being, Assessment Tools and Related Factors. *Psychological Well-Being*, 77-113.
- Ryff, C. D. (2013). *Psychological Well-Being Revisited : Advances in the Science and Practice of Eudaimonia*. 53706, 10-28: <https://doi.org/10.1159/000353263>.
- Ryff, C., Tsenkova, V. K., Boylan, J. M., & Lee. (2018). *SSM - Population Health Gender differences in the pathways from childhood disadvantage to metabolic syndrome in adulthood : An examination of health lifestyles* (4December 2017). 216-224: <http://doi.org/10.1016/j.ssmph.2018.01.003>.
- Sarafino, E. P. (2011). *Applied behavior analysis: Principles and procedures in behavior modification*. John Wiley & Sons.
- Sari, P., & Indrawati, E. (2016). Hubungan Antara Dukungan Sosial Teman Sebaya Dengan Resiliensi Akademik Pada Mahasiswa Tingkat Akhir Jurusan X Fakultas Teknik Universitas Diponegoro. *Empati*, 177-182.
- Serason. (2007). Loneliness Research: Basic Concepts and Findings. *Social Support: Thory, Research and Applications*, 69-86.
- Settle, A. (2004). The Survey Research Handbook. *Boston : McGraw- Hill/Irwi*, 22-32.
- Shek, D. T. (2013). Meaning in Life and Psychological Well-Being: An Empirical Study Using the Chinese Version of the Purpose in Life Questionnaire. *Journal of Genetic Psychology*, 185-200.
- Shinta, V. (2021). *Nutrifood Terapkan Holistic Employee Wellbeing Saat Pandemi*. <https://id.hrnote.asia/intervie/nutrifood-terapkan-holistic-employee-wellbeing-saat-pandemi-210618/>.
- Singh, G. d. (2020). *A Study On Mental Health and Well Being Of Individuals Amid COVID-19 Pandemi Lockdown*.

- Singh, G., Singh, A., Zaidi, S. Z., & Sharma, S. (2020). A Study on Mental Health and Well-Being of Individuals Amid Covid-19 Pandemic Lockdown. -, 52-63.
- Sood, S., Bakhshi, A., & Gupta, R. (2012). Relationship between personality traits , spiritual intelligence and well being in university students.
- Sudiana, N., & Susilawati, L. (2018). Dukungan Sosial pada Pasangan Pada Gelahang. *Jurnal Psikologi Udayana*, 5(2), 331-338.
- Sugiyono. (2019). *Metode Penelitian Kuantitatiff, Kualitatif dan R&D*. Bandung: PT Alfabet.
- Susilowati, D. W. (2021). Dampak Psikologis Akibat Covid-19 Pada Masyarakat Indonesia. *Wacana*, 104-111.per
- Tanujaya, W. (2014). Hubungan Kepuasan Kerja Dengan Kesejahteraan Psikologis (Psychological Well Being) Pada Karyawan Cleaner (Studi Pada Karyawan Cleaner Yang Menerima Gaji Tidak Sesuai Standar UMP Di PT. Sinergi Integra Services, Jakarta). *Mediapsi*, 1-10.
- Tasema, J. K. (Juni 2018). Hubungan antara *psychological well-being* dan kepuasan kerja. *Jurnal Maneksi*, Vol 7 No. 1.
- Taylor, S. E., Peplau, L. A., & Sears, D. O. (2009). *Psikologi sosial*. Jakarta: Kencana Prenada Media Group.
- Tentama, F. (2015). Dukungan Sosial Dan Post-Traumatic Stress Disorder Pada Remaja Penyintas Gunung Merapi. *Jurnal Psikologi Undip*, 133-138.
- Utamiraudatussalamah, & rahyu, s. (2017). Hubungan Dukungan sosial keluarga dengan kepatuhan berobat penderita hipertensi di puskesmas tualang.
- Villarosa, J., & Ganotice, F. (2018). Construct Validation of Ryff's Psychological Well-Being Scale: Evidence From Filipino Teachers in the Philippines. *Philippine Journal of Psychology*, 1-20.
- Windarto, A. (8 Agustus 2021). Selama Pandemi Perusahaan Harus Lebih Peduli Terhadap Kesehatan Mental Karyawan. *Part of pikiran rakyat media network Kabar Tegal kritis dan santun*. <https://kabartegal.pikiran-rakyat.com/2021/08/08/selama-pandemi-perusahaan-harus-lebih-peduli-terhadap-kesehatan-mental-karyawan>

rakyat.com/kesehatan/pr-932430280/selama-pandemi-perusahaan-harus-lebih-peduli-terhadap-kesehatan-mental-karyawan.

Wistarini, N. I., & Marheni, A. (2019). Peran Dukungan Sosial Keluarga dan Efikasi Diri Terhadap Stres Akademik Mahasiswa Baru Fakultas Kedokteran Universitas Udayana Angkatan 2018. *Jurnal Psikologi Udayana*, 164-173.

Yoshio, A. (2020). Survei: Work from Home Picu Jam Kerja Bertambah dan Kelelahan Mental. *Katadata.co.id*.
<https://katadata.co.id/ariemega/berita/5fa7cf815a0e8/survei-work-from-home-picu-jam-kerja-bertambah-dan-kelelahan-mental>.

Zulkarnain, & Sianturi, M. M. (2013). Analisis Work Family Conflict Terhadap Kesejahteraan Psikologis Pekerja. *Jurnal Sains Dan Praktik Psikologi* , 1-10.

